

SCUBA DIVER QUIZ #10 – FIRST AID & SAFETY

1. Upon retrieving an unconscious diver who has stopped breathing, your first consideration should be to:
 - a. Get the diver out of the water
 - b. Check for open wounds
 - c. Check for broken bones
 - d. Start artificial respiration

2. Which of the following is NOT a necessary criterion for towing a victim?
 - a. The tow must be safe for the rescuer
 - b. The victim's face must be out of the water
 - c. There must be effective movement through the water
 - d. Your mask MUST be on

3. The best way to stop bleeding is to:
 - a. Apply direct pressure
 - b. Apply tourniquet
 - c. Elevate the area which is bleeding
 - d. Use a pressure point

4. Symptoms of shock include:
 - a. Dilated pupils
 - b. Pale, clammy skin
 - c. Unconsciousness
 - d. All of the above

5. Which of the following is an appropriate treatment for air embolism:
 - a. Elevate feet
 - b. Recompression
 - c. Administer 100% O₂
 - d. Elevate head and apply a cold compress

6. Hypothermia is best treated by:
 - a. Removing wet cloths
 - b. Covering with blankets
 - c. Very warm baths
 - d. Provide spirits

7. If air exchange is not apparent when first attempting mouth to mouth resuscitation:
 - a. Immediately call a doctor
 - b. Immediately roll the person over and hit him hard on the back
 - c. Immediately push on the abdomen
 - d. Immediately check head and jaw position

8. When approaching a conscious diver who is calling for help on the surface, the first course of action should be to:
 - a. Check to see if he is bleeding
 - b. Get behind him and tow him to the boat or shore
 - c. Find his buddy
 - d. Determine if the victim is rational or not, before getting close

9. The two objectives for first AID treatment are:
 - a. Replace a physician's care and avoid costs
 - b. Immediate and Temporary help
 - c. Stop bleeding and replace the need for a physician
 - d. Act in the place of a trained paramedic and prevent further injury

10. The symptoms of heat exhaustion are red and sweaty skin while the symptoms of heat stroke are cool and clammy skin:
 - a. True
 - b. False